



Hopebridge Autism Therapy Center Internship

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Undergraduate Pre-Occupational Therapy and Psychology



Learning Objectives:

- Establish trusted and controlled relationship with clients and their parents
- Implement developed behavior plans
- Track client progress and development toward set goals

Introduction:

I started my internship at Hopebridge Autism Therapy Center in January of 2021. While there are multiple Hopebridge locations, my internship was located in Berea, Ohio. The main focus of this organization is to provide one-on-one Applied Behavior Analysis (ABA) interventions.

Responsibilities:

Through my time with Hopebridge I was responsible for two main purposes. The first was to provide one-on-one ABA therapy and secondly to maintain my Registered Behavior Technician (RBT) license.

One-on-One: I was responsible for establishing a controlled relationship with my client. I was to collect data electronically about client behavior/achievement through observation. I worked alongside Board Certified Behavior Analysts (BCBA) to teach the client's critical skills, such as communication.

Maintain License: I was required to have 5% of my RBT hours per month supervised by BCBA that also worked with my clients.



Lessons Learned:

Through my internship I learned how to work alongside other professionals such as BCBA's, Occupational Therapist, and Speech Pathologist. I learned how to implement therapy plans to assist clients in reaching established critical skills.

Applications of Experience:

Through my psychology classes I have learned different ways in which the brain works. Through my autism certificate courses, I understood the development of Autism Spectrum Disorder (ASD) and how this impacts the development of critical life skills. I will use the experiences from this internship to assist me in determining the best occupation setting for my future.

Acknowledgements:

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