



# EMPOWER YOURSELF

# R.A.D.

Women's  
Self-  
Defense

## Rape Aggression Defense Systems



Cleveland State  
University

Join the CSUPD and CSU Rec Center to learn self-defense tactics. In this *two-part* training course, participants will learn risk reduction strategies and basic principles of defense led by a certified R.A.D. instructor. *Both sessions are required.*

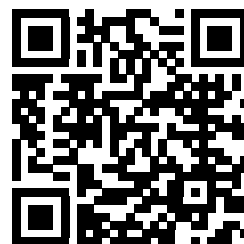
**FRIDAY,**  
**JAN. 19,**  
1–5 P.M.

**AND**

**SATURDAY,**  
**JAN. 20,**  
12:30–4:30 P.M.

**CSU RECREATION CENTER**

2420 Chester Ave., Cleveland, OH 44115



**REGISTER  
TODAY!**

[csuohio.us/rad-training](https://csuohio.us/rad-training)